


Independent & Assisted Living Calendar

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend C = Centrum LV = Lakeview Room DR = Dining Room CY = Courtyard Not labeled = Julia Commons \$ = Pay your own way * = Complimentary if on Meal Plan + = Billed to your account</p>		<p>Happy Birthday: Corinne B. Dick C. Russ W. Kathy H.</p> <p>20th 26th 29th 30th</p>	<p>1 New Year's Day NO Shopping to Byerly's/Target 10:00 Morning Exercise and Holiday Fun with Rosemary 2:30 Holiday Movie Matinee 6:30 Evening Movie</p>	<p>2 10:00 Tai Chi 10:30 Welcome to January 2:00 Educational Video on Monarch Butterfly Migration 4:00 Wine and Cheese 6:30 Evening Movie</p>	<p>3 10:00 Exercise 10:30 Alaska Day 2:00 Player Piano Music with Jon – C 3:00 Art Activity with Risa 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>4 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie</p>
<p>5 10:00 Worship Service – C 2:00 Coffee and Chats in the Lobby 6:30 Evening Movie</p>	<p>6 10:00 Sit-and Stretch 10:30 Epiphany and New Mexico's Birthday 2:00 Concert with Jim Kellerman: Instrumentalist - C 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>7 9:30 -1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle 2:00 Classical Chamber Music with Jon - C 3:00 Current Events 6:30 Music in the Lobby</p>	<p>8 7:30-9:00 Special Waffle Breakfast with Marnie - ALDR 8:35 Shopping to Byerly's/Target 10:00 Visit with Breck Students: Holiday Decoration Take Down - C 1:15 Recovery Connection – 3rd Floor Great Room 1:30 Outing: Beth El Synagogue Tour 6:30 Evening Movie</p>	<p>9 10:00 Tai Chi 10:30 "Dear Abby" Day 2:00 Who, What am I? 4:00 Wine and Cheese 6:30 Evening Movie</p>	<p>10 10:00 Exercise 10:30 Brain Games 2:00 Concert with Troy Flemming: Guitar and Vocal - C 3:00 Art Activity with Risa 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>11 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie</p>
<p>12 10:00 Worship Service – C 2:00 Coffee and Chats in the Lobby 6:30 Evening Movie</p>	<p>13 Full Moon 10:00 Sit-and-Stretch 10:30 Netflix Documentary: Einstein and the Bomb 2:00 All House Birthday Party with James Christianson: Pianist - DR 3:00 Chaplain Chats 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>14 NO Doctor Rides 10:00 Movement to Music 10:30 Crossword Puzzle 3:00 Current Events 6:30 Music in the Lobby</p>	<p>15 8:35 Shopping to Byerly's/Target 10:00 Visit with Breck Students: Martin Luther King Quotes and what they Mean to You – C 1:15 Rainbow Connection – 3rd Floor Great Room 1:30 Outing: Perkins for Pie = \$ 6:30 Evening Movie</p>	<p>16 10:00 Tai Chi 10:30 Mr. Sandman Day 1:30 Food Service Meeting 4:00 Wine and Cheese 6:30 Evening Movie</p>	<p>17 10:00 Exercise 10:30 Happy Birthday Muhammad Ali 2:00 Concert with Chris – C 3:00 Art Activity with Risa 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>18 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie</p>
<p>19 10:00 Worship Service – C 2:00 Coffee and Chats in the Lobby 6:30 Evening Movie</p>	<p>20 Martin Luther King Jr. Day 10:00 Sit-and-Stretch 10:30 Martin Luther King Jr. 2:00 Concert with Treble Tones: Women's Choir – C 3:00 Chaplain Chats 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>21 9:30 -1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle 2:00 Classical Chamber Music with Jon - C 3:00 Current Events 6:30 Music in the Lobby</p>	<p>22 8:35 Shopping to Byerly's/Target 10:00 Visit with Breck Students: Table Games – C 1:15 Recovery Connection – 3rd Floor Great Room TBD Outing: Movie Theatre = + 6:30 Evening Movie</p>	<p>23 10:00 Tai Chi 10:30 Casablanca Day 1:30 Resident Council 4:00 Wine and Cheese 6:30 Evening Movie</p>	<p>24 10:00 Exercise 10:30 Who Am I? 2:00 Player Piano Music with Jon – C 3:00 Art Activity with Risa 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>25 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie</p>
<p>26 10:00 Worship Service – C 2:00 Coffee and Chats in the Lobby 6:30 Evening Movie</p>	<p>27 10:00 Sit-and-Stretch 10:30 Who, What am I? 11:30 Dine in Pizza Party = + - DR 2:00 Concert with Van and Kathy: Piano, Guitar Duo – C 3:00 Chaplain Chats 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>28 9:30 -1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle 2:00 Culinary Mini Food Show - C 3:30 Current Events 6:30 Music in the Lobby</p>	<p>29 Chinese New Year Begins 8:35 Shopping to Byerly's/Target 10:00 Visit with Breck Students: Magazine Collages – C 11:30 Chinese Themed Meal - DR 1:15 Rainbow Connection – 3rd Floor Great Room 2:00 Candlelight Remembrance Service – C 6:30 Evening Movie</p>	<p>30 10:00 Tai Chi 10:30 Trivia 4:00 Wine and Cheese 6:30 Evening Movie</p>	<p>31 10:00 Exercise 10:30 Happy Birthday Jacki Robinson 2:00 Player Piano Music with Jon – C 3:00 Shabbat Service – C 4:00 Qigong with Risa 6:30 Evening Movie</p>	<p>Activities are subject to change, please see Weekly Calendar Sign up for outings at the front desk.</p>