


# Independent & Assisted Living Calendar

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Worship Service – C 6:30 Evening Movie	<b>2</b> <b>10:00 Holiday Choir Concert with Benilde 7<sup>th</sup> Graders – C</b> <b>2:00 Concert with David: Gospel Hymn Performance - C</b> 4:00 Qigong with Risa 6:30 Evening Movie	<b>3</b> 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle <b>2:00 Classical Chamber Music with Jon - C</b> 3:00 Current Events <b>6:30 Music in the Lobby</b>	<b>4</b> <b>7:30-9:30 Special Waffle Breakfast with Marnie - ALDR</b> 8:35 Shopping to Byerly's/Target <b>10:00 Visit with Breck Students: Tree Decorating - C</b> 1:15 Rainbow Connection – 3 <sup>rd</sup> Floor Great Room <b>1:30 Outing: Perkins for Pie = \$</b> 6:30 Evening Movie	<b>5</b> 10:00 Tai Chi 10:30 Spiritual Reading 2:00 Bermuda Triangle Day <b>4:00 Wine and Cheese</b> <b>6:30 Evening Concert with Notable Singers: Women's Choir - C</b>	<b>6</b> 10:00 Exercise 10:30 St. Nicholas Day <b>11:30 Outing: Lunch at Yangtze = \$</b> 3:00 Art Activity with Risa 4:00 Qigong	<b>7</b> 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
<b>8</b> 10:00 Worship Service – C 6:30 Evening Movie	<b>9</b> 10:00 Sit-and Stretch 10:30 Happy Birthday Dame Judi Dench <b>2:00 All House Birthday Party with Summit Music: French Horn and Piano – DR</b> 3:00 Chaplain Chats 4:00 Qigong with Risa 6:30 Evening Movie	<b>10</b> 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle <b>2:00 Classical Chamber Music with Jon - C</b> 3:00 Current Events 6:30 Evening Movie	<b>11</b> 8:35 Shopping to Byerly's/Target <b>10:00 Visit with Breck Students: Cookie Decorating and Holiday Sing Along - C</b> 1:15 Recovery Connection – 3 <sup>rd</sup> Floor Great Room <b>1:15 Benilde “Red Knots” Holiday Caroling – Lobby</b> <b>1:45 Outing: The Woods Giftshop = \$</b> 6:30 Evening Movie	<b>12</b> <b>10:00 Concert and Book Reading with 3<sup>rd</sup> Graders –C</b> <b>1:30 Food Service Meeting – ALDR</b> <b>4:00 Wine and Cheese</b> 6:30 Evening Movie	<b>13</b> 10:00 Exercise 10:30 Happy 99 <sup>th</sup> Birthday Dick Van Dyke <b>2:00 Music with Chris - C</b> 3:00 Art Activity with Risa 4:00 Qigong 6:30 Evening Movie	<b>14</b> 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
<b>15 Full Moon</b> 10:00 Worship Service – C 6:30 Evening Movie	<b>16</b> 10:00 Sit-and-Stretch 10:30 Las Posadas Begins <b>1:30 Resident Council</b> <b>2:30 CAREtenders Santa Event - C</b> 3:00 Chaplain Chats 4:00 Qigong with Risa <b>6:30 Outing: Holiday Lights Scenic Drive = No Cost</b>	<b>17</b> 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle <b>2:00 Classical Chamber Music with Jon - C</b> 3:00 Current Events <b>6:30 Music in the Lobby</b>	<b>18</b> 8:35 Shopping to Byerly's/Target 10:00 Exercise 10:30 Happy Birthday Steven Spielberg <b>2:00 Holiday Show: with Charlotte and Corinnes Family: Piano, Singing and Poetry - C</b> <b>5:00 Holiday Dinner Party with Special Guest</b> 6:30 Evening Movie	<b>19</b> 10:00 Tai Chi 10:30 Spiritual reading <b>1:30 Hanukkah Party - C</b> <b>4:00 Wine and Cheese</b> 6:30 Evening Movie	<b>20</b> 10:00 Exercise 10:30 American Poet Laureate Establishment Anniversary <b>2:00 Player Piano Music with Jon - C</b> 3:00 Art Activity with Risa 4:00 Qigong 6:30 Evening Movie	<b>21</b> 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
<b>22</b> 10:00 Worship Service – C 6:30 Evening Movie	<b>23</b> 10:00 Sit-and-Stretch 10:30 Christmas Around the World <b>2:00 Holiday Music with Judi and Lori – C</b> 4:00 Qigong with Risa 6:30 Evening Movie	<b>24 Christmas Eve</b> 9:30-1:00 Doctor Rides <b>10:00 Christmas Eve Service - C</b> <b>2:00 Classical Chamber Music with Jon - C</b> 3:00 Current Events 6:30 Evening Movie	<b>25 Christmas Day</b> <b>10:00 Exercise and Holiday Fun with Rosemary</b> 2:30 Holiday Movie Matinee 6:30 Evening Movie	<b>26 First Day of Hanukkah And Kwanza Begins</b> 10:00 Tai Chi 10:30 Spiritual Reading 2:00 What is Hanukkah and Kwanza <b>4:00 Wine and Cheese</b> 6:30 Evening Movie	<b>27</b> 10:00 Exercise 10:30 “It’s Howdy Doody Time” <b>2:00 Player Piano Music with Jon – C</b> <b>3:00 Shabbat Service – C</b> 6:30 Evening Movie	<b>28</b> 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
<b>29</b> 10:00 Worship Service – C 6:30 Evening Movie	<b>30</b> 10:00 Sit-and-Stretch 10:30 New Years Around the World <b>1:30 Outing: Movie Theatre = +</b> 3:00 Chaplain Chats 4:00 Qigong with Risa 6:30 Evening Movie	<b>31 New Year’s Eve</b> 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle <b>2:00 End of Year Bash with a String Quartet - C</b> 3:30 Current Events 6:30 Evening Movie		<b>Happy Birthday:</b>  Judy S. 12/1  Judy S. 12/3	<b>Legend</b> C = Centrum LV = Lakeview Room DR = Dining Room CY = Courtyard Not labeled = Julia Commons \$ = Pay your own way * = Complimentary if on Meal Plan + = Billed to your account	<b>Activities are subject to change, please see Weekly Calendar</b>  <b>Sign up for outings at the front desk.</b>