


Independent and Assisted Living Calendar

September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Worship Service (livestream only) – Channel 1-2 6:30 Evening Movie	2 Labor Day 10:00 Exercise and Labor Day Fun with Rosemary 4:00 Qigong with Risa 6:30 Evening Movie	3 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 1:30 Tricycle Tuesday - 10:30 Chaplain Chats 3:00 Our World This week 6:30 Evening Music in the Lobby	4 7:30-9:30 Special Waffle Breakfast with Marnie -ALDR 9:00 Shopping to Byerly's/Target 10:00 Exercise 10:30 Jim Abbott: War on the Diamond 1:15 AA Recovery Connection - 3 rd Floor Great Room 2:00 Buddy Walks – Lobby <u>6:15 Outing: Como Pavilion for Music</u>	5 10:00 Tai Chi 10:30 Crossword Puzzle 2:00 End of Summer Ice Cream Social – West Courtyard 4:00 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR 6:30 Evening Movie	6 10:00 Exercise 10:30 Welcome to September/ Monthly Gazette 2:00 Virtual Concert 6:30 Evening Movie	7 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
8 10:00 Worship Service – C 6:30 Evening Movie	9 10:00 Sit-and Stretch 10:30 Happy Birthday Hugh Grant 2:00 Concert with Highwater Band - C 6:30 Evening Movie	10 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Chaplain Chats 1:30 Tricycle Tuesday 3:00 Our World This week 6:30 Evening Music in the Lobby	11 9:00 Shopping to Byerly's/Target 10:00 Exercise 10:30 The Carol Burnette Show Aniv. <u>11:30 Outing: Lunch at Fat Nat's</u> 1:15 Rainbow Connection - 3 rd Floor Great Room 2:00 Buddy Walks – Lobby 6:30 Evening Movie	12 10:00 Tai Chi 10:30 Crossword Puzzle 2:00 Virtual Concert 4:00 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR 6:30 Evening Movie	13 10:00 Exercise 10:30 Friday the 13 th 2:00 Music with Chris - C 6:30 Evening Movie	14 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
15 10:00 Worship Service – C 6:30 Evening Movie	16 10:00 Sit-and-Stretch 10:30 B.B. King's Birth Anniv. 2:00 Concert with a Ballerina and Violinist – C 3:00 Resident Service Meeting 4:00 Qigong with Risa 6:30 Evening Movie	17 Full Moon 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Chaplain Chats 1:30 Tricycle Tuesday 3:00 Our World This week 6:30 Neighborhood Garden Club – C 6:30 Evening Music in the Lobby	18 9:00 Shopping to Byerly's/Target 10:00 Exercise 10:30 Happy Birthday U.S. Air Force 1:15 AA Recovery Connection - 3 rd Floor <u>1:30 Outing: Arboretum Scenic Drive and Gift Shop</u> 6:30 Evening Movie	19 10:00 Tai Chi 10:30 Crossword Puzzle 1:30 Food Service Meeting 4:00 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR 6:30 Evening Movie	20 10:00 Exercise 10:30 Short Stories - JC 2:00 Concert with Dino -C 6:30 Evening Movie	21 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
22 First Day of Fall 10:00 Worship Service – C 6:30 Evening Movie	23 10:00 Sit-and-Stretch 10:30 Ray Charles Birthday 2:00 All House Birthday Party with French Horn Player - DR 4:00 Qigong with Risa 6:30 Evening Movie	24 9:30-1:00 Doctor Rides 10:00 Netflix Documentary "The Greatest Night in Pop" 2:00 Candlelight Remembrance Service – C 3:00 Our World This Week 6:30 Evening Music in the Lobby	25 9:00 Shopping to Byerly's/Target 10:00 Visit with the Breck Students – C <u>TBD Outing: Movie Theatre</u> 1:15 Recovery Connection – 3 rd Floor Great Room 6:30 Evening Movie	26 10:00 Sit-and-Stretch 10:30 Crossword Puzzle 2:00 George Gershwin's Birth Aniv. 4:00 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR 6:30 Evening Movie	27 10:00 Exercise 10:30 RMS Queen Elizabeth Sets Sail 2:00 Qigong with Risa 3:00 Shabbat Service - C 6:30 Evening Movie	28 10:00 Exercise with Rosemary 3:00 Concert with Flamenco Dancers - C 6:30 Evening Movie
29 10:00 Worship Service – C 6:30 Evening Movie	30 10:00 Sit-and-Stretch 10:30 First Helicopter Flight Around the World 2:00 Oktoberfest Fun and Facts 4:00 Qigong with Risa 6:30 Evening Movie		Happy Birthday: Louise Q. 9/04 Lucy T. 9/13	Sign up for outings at the front desk. Be in Lobby 10 Minutes Before Departure Time	Legend C = Centrum LV = Lakeview Room DR = Dining Room CY = Courtyard Not labeled = Julia Commons \$ = Pay your own way * = Complimentary if on Meal Plan + = Billed to your account	Activities are subject to change, please see Weekly Calendar